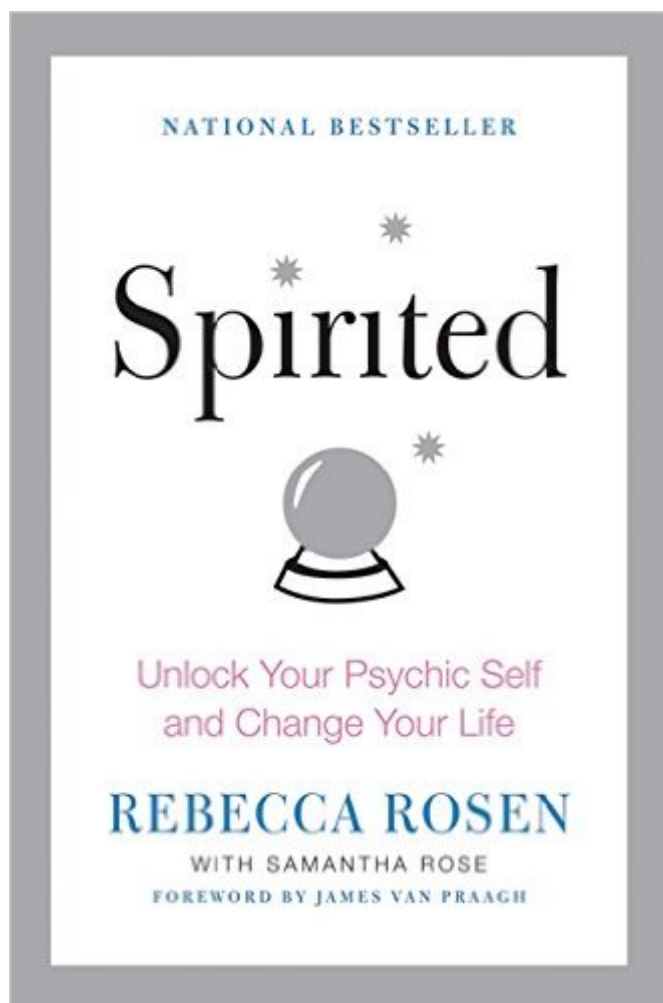


The book was found

Spirited: Unlock Your Psychic Self And Change Your Life



Synopsis

The Secret meets Skinny Bitch in *Spirited*, the fresh, hip book by popular psychic medium Rebecca Rosen. A prescriptive program that has worked for celebrity clients including Jennifer Aniston and Courtney Cox Arquette, *Spirited* empowers readers to heighten their intuition, connect with deceased loved ones, and surpass the psychological roadblocks holding them back. Fans of James Van Praagh and John Edwards, as well as television's *The Ghost Whisperer*, will find direct, down-to-earth advice on how to draw on the power of their intuitive gifts to connect with spirit energy—loved ones who have passed—to provide the clarity necessary to master real-life issues, including relationships, job fulfillment, finances, and body image.

Book Information

Paperback: 272 pages

Publisher: Harper Perennial; Reprint edition (February 22, 2011)

Language: English

ISBN-10: 0061766259

ISBN-13: 978-0061766251

Product Dimensions: 5.3 x 0.6 x 8 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 174 customer reviews

Best Sellers Rank: #68,202 in Books (See Top 100 in Books) #38 in Books > Religion & Spirituality > Occult & Paranormal > Parapsychology > ESP #50 in Books > Religion & Spirituality > Occult & Paranormal > Supernatural #79 in Books > Religion & Spirituality > New Age & Spirituality > Channeling

Customer Reviews

Psychic medium Rosen, in this part memoir, part self-help work, helps readers to tune into their own intuitive abilities. Self-described as just a regular gal who works out in the gym, drops her kids at school, and then talks to the dead for a living, the author reveals that binge eating and depression in college led to her plea for help and consequent discovery of messages from her deceased grandmother relayed through automatic writing. In time, Rosen—who lectures, offers workshops, and has advised such Hollywood stars as Jennifer Aniston and Courtney Cox Arquette—realized that her gift enabled her to receive messages from spirits hoping to reconnect with loved ones (quite often, she asserts, their mission is to advise their family members to do what they didn't do in life or avoid mistakes the spirits made). According to the author, each

individual is born with lessons that must be learned in order to grow spiritually; those who fail to progress, she reveals, must deal with their baggage in the afterlife. Though her story in itself is fascinating, Rosen's goal is to help readers hone their psychic powers: she includes meditation exercises (a primary way of connecting with spirit energy) as well as other techniques. Rosen's conversational tone and easygoing sense of humor lend warmth and accessibility to her otherworldly journey. (Feb.) Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. --This text refers to the Audible Audio Edition edition.

“Her story in itself is fascinating [and] Rosen's goal is to help readers hone their own psychic powers. . . . [Her] conversational tone and easygoing sense of humor lend warmth and accessibility to her otherworldly journey.” (Publishers Weekly) Rebecca Rosen talks to dead people. Really. . . . I promise that if you read this book you'll discover that the dead aren't really dead. . . . They are watching out for you and want to communicate with you. Rosen can teach you in simple, easy steps how to do it. (Arielle Ford, author of *The Soulmate Secret*)

Between the lines, you can feel the warmth and wisdom that Rebecca transmits in this excellent work that speaks of soul to soul. Death does not change anyone, you only change of address, and consciousness is transferred to other plan beyond physicality. You are a cosmic traveler; your body is temporary, but its essence is eternal...It seems that we are passengers in eternity, but the truth is different: we are eternal within the temporary. The experiences go, but the learnings remain...You will encounter a work practice, rich in examples, exercises and own experiences!! personally love it and highly recommend it! Namaste, Dave Zebian

This book is truly amazing!!!! I got so much information from this book that is totally invaluable. If you want to truly know how to access your intuition and have many exercises to do it with, you will love this book. I learned more in this one book than I learned in the 9 years I have been reading and studying about intuition. Rebecca truly is a wonder and has amazing information and techniques in this book. You won't be disappointed. Truly wonderful book. Inspiring and eye opening. A real page turner. I hated it when the book ended. I so wanted more. Well written and put together and tons of valuable information to help you help yourself and open you to the wonderful spiritual world all around us. Thank you Rebecca and please write more books!!

Excellent! Game changer. Easy to follow and connect with. Highly recommend.

I am about 3/4 the way through this book. It was not what I expected and I can say I was pleasantly surprised. If you do the work in the book you will be amazed at what you find out about yourself. Great book! I highly recommend it to anyone interested in connecting not only with spirit but with yourself.

Excellent. I was a skeptic, but I have seen too many "coincidences" at this point to NOT believe. Rebecca, and a few select others like her, have an amazing capability to connect with the spirit world. It's okay to be skeptical, but it is worth it to give it a shot. I would also recommend seeing a highly recommended medium near you if you are lucky enough to find one.

This was the first book I read on anything having to do with the spirit realm. As a newbie, I absolutely loved this book and found it easy to read, follow and gave wonderful advice and guidance. Definitely worth reading

This is a good book on learning about meditation. It has helped because I'm starting to practice meditation. Also, if you're interested in autobiographies, she gives you insight into her acquiring of mediumship. I personally liked reading about the author's life as it relates to the subject matter.

Familiar message about self healing with the added benefit of an explanation of the guides that reach us from another realm. Rosen's voice is friendly and remarkably down to Earth considering the topic. I would have liked to know even more about her personal journey, not just her motivation. I have recommended this book to others but one needs to be in a place of openness to guides from the afterlife so I doubt many have read it. I would like to know more.

[Download to continue reading...](#)

Spirited: Unlock Your Psychic Self and Change Your Life
Psychic Development: Psychic Development for Beginners, How to Awaken your Third Eye, and Unlock and Develop your Psychic Abilities!
Psychic: The Beginner Guide to Psychic development to increase your psychic abilities.
Become a clairvoyant and improve awareness.: Psychic awareness for ... guide, Mindfulness, clairvoyant Book 2)
Psychic: Its Meaning and History. Are You Psychic Or Have ESP? How can You develop Your Abilities?:
Psychic & 9 Free Books (Psychic, Clairvoyant, ESP, Mind Reading) Psychic Empath: The Ultimate Guide to Psychic development, and to understand your Empath abilities.:

Psychic Empath: Increase in understanding of Psychic ... guide, Mindfulness, clairvoyant Book 3)
Spirited Away (The Psychic Detective, Book 3) (The Psychic Detectives Series) Psychic: EXACT
BLUEPRINT on How to Develop Psychic Abilities and Explode Open Your Intuition - Telepathy,
Fortune Telling, ESP & Mind Reading (Clairvoyance, Psychic Medium, Third Eye, Palmistry)
Psychic Development for Beginners: An Easy Guide to Developing Your Intuition & Psychic Gifts
(New Age, Clairvoyance, Clairsentience, Psychometry, Telepathy, ... Dreams, Occult) (The Psychic
Soul Book 1) Self Help: How To Live In The Present Moment (Self help, Self help books, Self help
books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1)
Self Love: F*cking Love Your Self Raise Your Self Raise Your Self-Confidence (Self
Compassion, Love Yourself, Affirmations Book 3) Confidence: How to Build Powerful Self
Confidence, Boost Your Self Esteem and Unleash Your Hidden Alpha (Confidence, Self
Confidence, Self Esteem, Charisma, ... Skills, Motivation, Self Belief Book 8) Psychic Development
for Beginners: An Easy Guide to Releasing and Developing Your Psychic Abilities Third Eye
Awakening: Guided Meditation to Open Your Third Eye, Expand Mind Power, Intuition, Psychic
Awareness, and Enhance Psychic Abilities (3rd Eye, Higher Consciousness, Spiritual
Enlightenment) Cold Reading: Unleash Your Psychic Within And Read People Like A Book (Live
Smart Series: Psychic Development, Palm Reading, Conversation Skills) Psychic Empath: The
Ultimate Guide to Psychic development, and to Understand Your Empath Abilities The Awakened
Psychic: What You Need to Know to Develop Your Psychic Abilities Psychic Development: 3 Easy
Steps To Developing Your Intuition (3 Easy Steps Psychic Series) Third Eye: Third Eye, Mind
Power, Intuition & Psychic Awareness: Spiritual Enlightenment (3rd Eye, Spiritual Awakening,
Psychic Abilities, Mediumship, Pineal Gland) On the Scent (The Psychic Detective, Book 1) (The
Psychic Detectives Series) Psychic Sexuality - The Bio-Psychic "Anatomy" of Sexual Energies

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)